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**DR. ELIZABETH KING TO JOIN OTHER PROMINENT AUTHORS AT NYC DOMINICAN BOOK FAIR**

**Renowned Wellness Expert Launches “Gratitude Book Tour” at Book Fair This Weekend and Discusses Her Victory in the Battle with Illness Using Holistic Methods**

**NEW YORK CITY, NY (September 24, 2013)** – Dr. Elizabeth King, an internationally recognized wellness expert from the Fort Lauderdale area, will be appearing along with several other esteemed authors at the 7<sup>th</sup> Annual Dominican Authors Book Fair in New York this weekend.

The Book Fair, scheduled for September 27-29, will take place at Boricua College in Manhattan and will feature a wide and varied program of events, including book launches, conferences, forums, film, and new plays. The Fair, which is attended by thousands each year, offers attendees the opportunity to experience and connect with the rich and diverse literature of Dominican authors.

Dr. King will be promoting the [Spanish edition](#) of her book, [Dr. King’s Simple Guide to Holistic Health: Lessons Learned from My Personal Journey](#), which was released this April and is now available online through Amazon and Barnes and Noble. The book is also sold at major bookseller, Liberia Cuesta in the Dominican Republic. This will mark the first stop in her upcoming international book tour entitled “The Gratitude Tour” which will also include a couple of stops in her native Dominican Republic.

The book is an introduction to holistic health and provides the perfect starting point for those seeking out natural healing solutions. Dr. King wrote this book for the skeptic as well as the believer. Her credibility comes from first-hand knowledge and life experience after years of excruciating pain left her bedridden. Holistic treatments allowed her to achieve a drug-free, joyful and healthy life, and she vowed to share her story and knowledge, which she does so eloquently in this, her first book.

Dr. King joins a roster of highly regarded Dominican authors, leaders and activists and was hand-selected by the United States Dominican Cultural Division to be in attendance for the weekend’s proceedings.

“It is such an honor to have been invited to attend this amazing cultural event by Commissioner Carlos Sanchez and the Dominican Cultural Division and to be included in this delegation of my fellow Dominican authors,” said Dr. King.

The Book Fair will celebrate with a kick-off party on Friday evening, September 27, 2013 at 7:00 p.m. Dr. King will present on Saturday, September 28. To make a reservation, receive a schedule or for more information about the Fair, call (212) 234-8149 or email [comisionado.cultura@gmail.com](mailto:comisionado.cultura@gmail.com).

**About Dr. Elizabeth King:**

Dr. Elizabeth King is an internationally recognized health and wellness expert, psychotherapist, hypnotherapist, author, speaker and professor. She is the CEO and founder of International Holistic Center (IHC), a boutique health center dedicated to fusing conventional and alternative therapies and assessments to address the whole person. Dr. King also launched Suits, Stilettos and Lipstick™, Inc. to support professional women in achieving health, wealth, happiness and purpose. She also founded the Women’s International Holistic Council, a philanthropic non-profit organization whose mission is to empower women and children.

To learn more about the International Holistic Center and/or Suits, Stilettos and Lipstick™, visit their websites at <http://ihchealthfusion.com> and <http://suitsstilettosandlipstick.com> or call 954-903-9426.