

Suits, Stilettos and Lipstick Conference: The Balancing Act

FORT LAUDERDALE –The first-annual Women’s International Holistic Conference...Suits, Stilettos and Lipstick: The Balancing Act is coming to The Ritz-Carlton on Fort Lauderdale beach on July 13, 2012. This is not just another conference; it is a movement for better health, greater health and a happier life.

Over 200 women will come together for a full day of education, inspiration, networking and professional development--plus loads of fun.

A portion of the conference’s proceeds will be donated to a woman-run charity. This year the recipient will be Big Mama’s Team of Life.

This one-of-a-kind conference is for every woman who is trying to do it all. Renowned speakers and panelists will address topics that really matter to women such as health and wellness, business, finances, sex, relationships, family and spirituality.

Among the keynote speakers and panelists, Kande G, radio personality, speaker and author; Julia Yarbough, former anchor and TV personality, Dr. Sonjia Kenya, America’s sex educator and author, Yvonne Haase, Family and Couples expert and Dr. Elizabeth King, health and wellness expert, holistic psychotherapist, and author.

Dr. King, creator of the event, is CEO of International Holistic Center in Fort Lauderdale. She is a familiar voice on AM radio, where she hosts a weekly show, “Dr. King’s Health Fusion Hour.” Dr. King’s inspirational life story and philanthropic community involvement are some of the reasons she was selected by Latina magazine as one of the Hispanic Woman of Distinction 2012 honorees. Her book, “Dr. King’s Simple Guide to Holistic Health: Lessons Learned from My Personal Journey” will be launched at the conference.

As a reminder that self-acceptance and self-care is important, every lady in attendance will receive a choice of one of Dr. King’s new exclusive signature lipstick, DRK’s Sassy Red or Simply Beautiful.

Sponsors of this first-class event are International Holistic Center and MetLife.

For more information and ticket sales, please visit www.WIHCWOW.com.