



## **PRESS RELEASE**

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### **DR. ELIZABETH KING IS KEYNOTE SPEAKER FOR ASPIRA FLORIDA'S ANNUAL YOUTH LEADERSHIP SUMMIT**

**Miramar, Florida** – On Friday, March 26<sup>th</sup>, 2010, Dr. Elizabeth King is keynote speaker for ASPIRA of Florida's Annual Youth Leadership Summit at DeVry University in Miramar, Florida. Dr. King will present, "Take the Monkey Wrench Out of Your Life...a Step by Step Guide to Succeeding Against the Odds."

Hundreds of 'Aspirantes' (youth) gather to learn from experts on the following topics: Career Awareness, Entrepreneurship, Life Skills, Financial Literacy, College Preparedness, Fine Arts, Substance Abuse and Gang Prevention.

**The conference will be held from 9 a.m. – 4 p.m. at DeVry University, 2300 SW 145 Avenue, Miramar, FL 33027.** Dignitaries and Community Leaders are invited to the Breakfast and Luncheon. RSVP to Sandra Sanchez, ASPIRA Broward Director, by March 23<sup>rd</sup> at 954-981-9221 or [ssanchez@fl.aspira.org](mailto:ssanchez@fl.aspira.org).

The mission of ASPIRA of Florida is to foster the social advancement of the Puerto Rican/Latino community by empowering its youth in the pursuit of educational excellence through leadership development programs that emphasize commitment to the community. ASPIRA of Florida ([www.aspirafll.org](http://www.aspirafll.org)) is a community based organization with program operations in Palm Beach, Broward and Miami-Dade Counties.

International Holistic Center was founded by Dr. Elizabeth King's personal quest for effective drugless pain management and now the Center has become the destination for advanced integrative healthcare and wellness services. Dr. King also hosts "Dr. King's Health Fusion Hour," a one-hour radio talk show with a holistic perspective. The show airs weekly on WWNN 1470 AM, the Health and Wealth station, live on Wednesdays from 10-11 AM and rebroadcast every Friday from 3-4 PM and Saturday from 7-8 PM. You can also listen to archived shows at [www.CounselingNWellness.com](http://www.CounselingNWellness.com).

*For more information about Dr. King, the International Holistic Center or the Health Fusion Hour, call 954-903-9426, email [DrKing@CounselingNWellness.com](mailto:DrKing@CounselingNWellness.com), or visit [www.CounselingNWellness.com](http://www.CounselingNWellness.com).*